

Shoshin Ryu

Truthful Heart Tradition

The Kanji [kan-gee]

- These three kanji or characters attempt to convey the essence of the school
- Each kanji has several readings
- Each sound has several kanji that it could be

First Kanji: Sho [sho]

- This kanji is translated as truth or justice
- Sho could be read as beginner, but would have different kanji. Thus 'beginner's mind' is also shoshin.
- It can also be read as sei (genuine) or tada (correct)
- Sho can also be read as prize, something to be sought after

Second Kanji: Shin [shin]

- Shin is read as Kokoro when alone but as Shin when compounded with another word
- Kokoro is translated as heart or mind or spirit but its meaning is really all this in one
- There is the sense that the heart/mind/spirit all work in a synergistic manner toward one goal.

Third Kanji: Ryu [ree-oo]

- Ryu is translated as school or tradition
- Ryu in Japanese, however, gives a much deeper feeling of flow and continuation of the current, as in the flow of a river. The information and skills of one generation passing on down to the next and the next.
- The Ryu of Classical Japanese Arts did not have static curriculum but were dynamic, living, changing, adapting to its existing environment.
- The English words School or Tradition do not have this depth or the dynamic essence of the Japanese word Ryu.

Sho-Shin-Ryu

- The effort to give the feeling and essence of the school
- Simple words yet full of depth and dynamic adaptation
- Put it all together and start finding Shoshin Ryu in all that you do

Visit the following Websites:

ShoshinRyu.org

ShoshinAZ.org

SHOSHIN RYU IS LEARNING...

HOW NOT TO HURT OTHERS

HOW NOT TO BE HURT BY OTHERS

HOW TO BE RESPONSIBLE FOR ONE'S OWN HAPPINESS